

Youth Development Program: Friday Night Live (FNL)

Friday Night Live

Friday Night Live is designed for high school-aged youth. Activities are organized by youth to appeal to youth. Dances, haunted houses, community service and social action activities, movie nights, and participation in advocacy for safe and healthy environments such as sober grad, are just some of the activities that FNL youth both participate in and organize. One of the most distinguishing aspects of Friday Night Live is youth involvement in mentoring. In FNL, high school-aged youth can act as mentors and tutors to middle school and elementary school students. FNL mentoring activities provide opportunities for young people to engage in ongoing, mutually beneficial, caring relationships which strengthen young people to face today's challenges.

Club Live

Club Live is designed for middle school-aged youth. This program focuses on developing and expanding social skills. Activities are organized to engage youth socially, to expand their ability to express themselves in social environments, and to help youth help themselves actively engage with peers. Club Live activities may include Christmas decorating contests, raffles, bingo nights, etc.

Friday Night Live Kids

Friday Night Live Kids is designed for kids in grades 4-6. The most distinguishing aspect of the FNL Kids program is its parent component. For fourth through sixth graders, parents are an essential element to learning leadership and positive decision making skills. FNL Kids provides a structure in which collaboration between parent and kid is fostered and connections are made. Parents play a key role in teaching basic leadership skills by participating with their kids in activities like movie night, dress-up day, and bring your parent to school day.

FNL Mentoring

FNL Mentoring provides opportunities for young people to be in ongoing, mutually beneficial, caring relationships, which strengthen a young person's resiliency to challenges in life. The FNL model engages teams of older high school-aged youth to mentor teams of middle school-aged youth in a structured ongoing one-on-one relationship. As the newest addition to the FNL family of programs, counties that participate adhere to certain quality assurance standards while maintaining local creativity, energy and self-determination.

FNL Mentoring Programs

- Introduce young people to the concept of volunteerism
- Encourage young people to develop programs that are fun and meaningful
- Promote messages through shared experiences
- Encourage peer-oriented programming (youth driven and youth led)
- Develops skills, such as communication, team work, and active listening
- Encourage and empower young people as active leaders and community resources
- Have broad appeal to diverse ethnic, racial and social groups
- Encourage youth to engage in mutually beneficial relationships with peers and younger

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